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**Tuesday, May 23**  
**Registration 8 a.m.**  
**9 am - 4 pm Event**

# Family Support Symposium

*A day of training and solution building to support the families of Adams County*  
**Lunch is provided. Register by May 17.**

## MORNING SPEAKER

**Dr. Michael Diller**, Director, WellSpan Employee Assistance Program (WSEAP) will present "Remember, We All Rise When We Lift Others...Keys to Fostering Good Mental Health, Wellbeing and Resilience in Ourselves and Others"

## BREAKOUT SESSION CHOICES (MORNING)

- Dr. Howard Rosen - Early Childhood and Evidence based Practice
- Yiemi Bautista - "Latinx/ Hispanic Journey Maps: a tool for empathy, understanding, and growth"
- "Supporting Teens in 2023" will be a panel of CFY Youth Coalition Teens led by Joe Markowitz, international youth leadership consultant

## BREAKOUT SESSION CHOICES (AFTERNOON)

- Panel discussion on Suicide Prevention moderated by John Lewis
- Dr. Smitha Nair - "Mental Health and Nutrition"
- Heather Powell - "Strengthening Families Framework"

## AFTERNOON SPEAKER

**Dr. Dana Winters**, Executive Director of the Fred Rogers Institute will be closing the symposium speaking about "The Power of Simple Interactions."

**Valentine Hall**  
**United Lutheran Seminary**  
**62 Seminary Ridge, Gettysburg, PA**



Intended audience- human services and education professionals, counselors / social workers, preschool and early childhood education staff, faith leaders, anyone in contact with families who seeks to collaboratively make a difference!

**For more information email: [Training@respectivesolutions.com](mailto:Training@respectivesolutions.com)**

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